



# Pacific Botanicals

*Growers & Suppliers of High Quality Herbs & Spices Since 1979*

*Certified Organically Grown by Oregon Tilth*

## WHOLESALE CATALOG



Mark's Farm Update, Toni's Window, Fresh Harvest  
Timetable, Blue Flag Iris, New Pricing and Ordering Guidelines

WINTER~SPRING 2014/15



# Mark's Farm Update



## Greetings From the Applegate Valley,

As another growing season comes to an end here at Pacific Botanicals, I am happy to say that we had good weather this year and that our crops did well. The summer was especially hot though and the fire season was bad everywhere in the west. The smokestack (*right*) was from the Onion Mountain Fire here in southern Oregon. About fifteen miles NW of the farm it literally blew up one day. Thankfully, with the help of some much needed rain, and the excellent fire fighting teams, it was contained and did not endanger the farm.

And now the rainy season has come. In addition to good rainfall we are fortunate that our microclimate is ideal for growing a large variety of plant species. We specialize in cultivating, on

a large production scale, a wide variety of herb species. One of my favorite examples of this is *Astragalus mongholicus* (*front cover*). To develop this herb I first obtained seeds from China because I had heard that this herb was great at building and maintaining the immune system over a long period. I also speculated that it might be of great value to customers in the West.

It took 2 years to learn how to successfully germinate the seeds and another 6 years to develop a system of large-scale field cultivation and harvest protocols.

Like *Astragalus*, we harvest our own seed for the majority of the botanicals we grow on the farm and develop them over many generations. They become specifically adapted to our ecosystem. You might say this is part of the art of herb farming and it is a very satisfying part of our work.

Developing new species from seed and cultivating them for large scale production in our microclimate is our assurance to you that you are getting consistent dependable organic botanicals year after year.

*Stay warm and happy this holiday season,  
Mark Wheeler, Founder, Pacific Botanicals*



Onion Mtn. Fire 9-14



## Toni's Window

Busy...busy...busy! That's what I tell my husband David when he calls to check in with me each day. That pretty much sums up what it is like here at Pacific Botanicals in the harvest season. Everything is happening all at once. The herbs are being harvested, dried and chopped. The roots are being dug, washed, chopped and dried. The tractors are constantly running, the root washer is spinning and the dryers are humming. At the same time our customers, anticipating the cold and flu season, are wanting more and more herbs and the orders are piling up. Our small dedicated crew is working at full speed. And, if you add to that all the inevitable break down and repair of equipment, the unpredictable rains, and just the random unexpected whatever...well, you get the picture. At this time of year I quite simply find myself working as fast as I can. From *Echinacea* herb and root, to *Astragalus*, *Valerian* and *Ashwaghandha* root, it is a regular botanical whirlwind. But like the best little chipmunks scurrying around the base of the tree we all know we must get all of our nuts into storage before the cold winter comes.

There is a real esprit de corps during this time as well. Everyone on our great hard working team pitches in to make sure we get our herbs ready for you. And speaking of our team I want to officially welcome Clay Godbolt, our new Farm Operations Manager. He is a great guy and a huge asset to our team. And also, it is with great sadness that we all mourn the sudden loss of Joaquin Vargas Cortez. He was a member of our field crew who had been with us for many years. He was a delightful person with a bright shining spirit and a smile on his face. We miss him very much. *Vaya con Dios Joaquin.*

I hope you and your families take time to give thanks for the love you share this holiday season.

*Warmest regards, Toni Evans, COO, Pacific Botanicals*



## WE WELCOME CLAY GODBOLT TO OUR FARM TEAM!

We have a new Farm Operations Manager. Clay will be working closely with Mark to learn the running of the farm as he assumes more of the farm operations planning duties. His botanical experience ranges from conservation work with native plants in Hawaii, to organic herb production in Washington State. Clay is joined by his wife Michelle and their two beautiful children, Ian and new baby Caleb. In addition to farm work he loves spending time with the family, fly fishing, gardening, and eating his wife's delicious cooking. Clay brings excellent organizational and systemization skills to the position and looks forward to being part of the Pacific Botanicals farm team for many years to come.

**Please Note:** Any information about the herbs in our catalog is for educational purposes only. This information has not been evaluated by the Food and Drug Administration, nor is it intended to diagnose, treat, cure, or prevent any disease.



## Organic Certification: Our Cornerstone of Quality

We care about organic. It is the basis of all our efforts. We are certified organic by Oregon Tilth as growers and processors. Our standards meet or exceed the standards of the USDA. Our facilities are inspected by the FDA and the Oregon Department of Agriculture. We are also compliant with European Union Organic Standards as growers and processors and Canadian Equivalency Standards.



### Grown Without Chemicals and Wildcrafted Herbs

Some of our herbs are carefully harvested and dried by wildcrafters known to us who follow strict harvesting guidelines established by the company. Herbs that are Grown Without Chemicals (GWC) are grown and shipped to us chemical-free. We offer them with the knowledge that they are grown, harvested and shipped to us with the same quality and

care that we require of our Certified Organically Grown and Wildcrafted herbs.

### Certified Botanical Authenticity

In order to serve our customers' requirements for positive botanical identity, we have received Certificates of Authenticity from the American Herbal Pharmacopoeia for almost all of the herbs grown on the farm. Herbs from Pacific Botanicals are used by the American Herbal Pharmacopoeia to develop an identity "footprint" that other testing facilities use to evaluate the authenticity of their own herbs.

### Distinguished Memberships

In addition to those above we are proud to be members of the American Herbal Products Association, United Plant Savers, Northwest Coalition for Alternatives to Pesticides, and The American Botanical Council.

### Kosher Certification



All herbal products sold, except for the sea vegetable products, and those listed with an (\*), are kosher certified by Earth Kosher, [www.earthkosher.com](http://www.earthkosher.com).

### Salmon Safe



Pacific Botanicals is recognized for its farming practices and conservation measures which adhere to strict guidelines of sustainability for the salmon in our watershed.



### Non-GMO

All of our products are Non-GMO.



## JUST A QUICK REMINDER...

WE NOW HAVE A 100.00 MINIMUM ORDER AMOUNT  
FOR ALL MAIL IN AND CALL IN ORDERS.

AND, WE HAVE A 50.00 MINIMUM ORDER AMOUNT FOR ALL ONLINE ORDERS.

## PACIFIC BOTANICALS CUSTOM BLENDS TO YOUR SPECIFICATIONS!



Whether you have a proprietary recipe of healing medicinals, a custom tea that needs to be blended in large batches, or you are creating and marketing your own SuperFoods recipe, we now offer custom blending. For information on lead times and pricing call 541.479.7777 x.104

1. CREATE SUPERFOOD FORMULAS TO OFFER YOUR CUSTOMERS
2. BLEND POWDERS FOR YOUR ENCAPSULATION PROJECTS
3. LET US BLEND YOUR TEAS—SAVE TIME AND LABOR COST
4. SMALL BATCH CAPABILITY—ONLY 25 LB. MINIMUM

## Safety Guidelines and Disclaimer

Pacific Botanicals is not licensed to prescribe or recommend any products for medicinal purposes and we are not responsible for the misuse of any of our products. Consult FDA guidelines and health care professionals regarding use. Note that the herbs in our catalog requiring precaution have a numbered footnote that corresponds with safety warnings listed at the bottom of those pages.





# Pacific Botanicals

*Growers & Suppliers of High Quality Certified Organically Grown Herbs & Spices*

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## HERBS AND SPICES

**Key: OG=Certified Organically Grown W= Wild Harvested GWC=Grown Without Chemicals. An asterisk \* denotes "not certified Kosher"**  
**Most herbs are sold in one pound minimum quantities and ALL PRICES ARE PER POUND unless otherwise stated.**

Common Name	Safety Codes	Latin Name	Form	Origin	Availability	1-4 lbs	5-24 lbs	25-99	100+
OG <b>New</b> Acerola Cherry		Malpighia glabra	Concentrate powder	Brazil	All year	42.00	40.00	35.00	31.50
OG Alfalfa	3	Medicago sativa	Dried leaf	USA	All year	9.60	8.80	8.40	7.40
OG Alfalfa	3	Medicago sativa	Powder	USA	All year	10.60	9.80	8.60	7.80
OG Angelica	1, 3	Angelica archangelica	Dried root	<b>Our farm</b>	All year	15.60	14.50	13.90	13.30
OG Anise Seed	1	Pimpinella anisum	Whole seed	Egypt	All year	10.00	9.40	8.50	8.00
OG Anise Seed	1	Pimpinella anisum	Powdered seed	Egypt	All year	10.00	9.40	8.50	8.00
W Aralia	1	Aralia californica	Dried root	USA	All year	18.40	17.50	15.20	14.30
OG Arnica	1,2,7	Arnica montana	Dried herb in flower	Canada	Limited	40.00	38.00	36.00	
OG Artemisia annua	1	Artemisia annua	Dried tops	<b>Our farm</b>	All year	15.50	14.50	13.50	12.40
OG Artemisia annua	1	Artemisia annua	Powdered tops	<b>Our farm</b>	All year	16.50	15.50	14.50	13.40
OG Artichoke		Cynara scolymus	Dried leaf	<b>Our farm</b>	All year	14.50	13.50	12.60	12.10
OG Artichoke		Cynara scolymus	Powdered Leaf	<b>Our farm</b>	All year	15.50	14.50	13.60	13.10
OG Ashwagandha	1	Withania somnifera	Dried root	<b>Our farm</b>	All year	16.00	15.00	13.50	12.50
OG Ashwagandha	1	Withania somnifera	Powdered root	<b>Our farm</b>	All year	17.80	16.90	15.00	14.00
OG Asparagus (Shatavari)		Asparagus racemosus	Dried root	India	All year	13.40	13.10	11.70	10.70
OG Astragalus		Astragalus mongholicus (membr.)	Dried root	<b>Our farm/China</b>	All year	18.10	17.00	16.00	15.00
OG Astragalus		Astragalus mongholicus (membr.)	Powdered root	<b>Our farm/China</b>	All year	19.10	18.00	17.00	16.00
OG Bacopa		Bacopa monnieri	Dried herb	<b>Our farm</b>	Limited	30.40	28.50	27.80	
OG <b>New</b> Baikal Skullcap		Scutellaria baicalensis	Dried root	<b>Our farm</b>	Limited	20.40	19.40	18.60	17.90
GWC Baikal Skullcap		Scutellaria baicalensis	Dried root	China	All year	16.40	15.40	14.60	13.90
OG/W Barberry	1	Berberis vulgaris	Dried root	India	All year	16.50	15.90	15.00	14.10
OG/W Barberry	1	Berberis vulgaris	Powdered root	India	All year	17.50	16.90	16.00	15.10
OG Barley Grass		Hordeum vulgare	Dried Grass powder	USA	All year	14.40	13.20	12.00	11.00
OG Barley Grass Juice		Hordeum vulgare	Dried Juice powder	USA	All year	28.00	27.00	25.60	24.80
OG Basil	1, 7	Ocimum basilicum	Dried leaf	<b>Our farm/Egypt</b>	All year	10.20	9.10	8.30	7.40
OG Basil, Holy (Rama)	1, 7	Ocimum sanctum (Tulsi)	Dried herb	<b>Our farm</b>	All year	17.40	16.30	15.50	14.90
OG Basil, Holy (Rama)	1,7	Ocimum sanctum (Tulsi)	Powdered herb	<b>Our farm</b>	All year	18.40	17.30	16.50	15.90
W Bayberry		Myrica cerifera	Dried root bark	USA	All year	17.50	16.90	16.00	15.10
W Bayberry		Myrica cerifera	Powdered root bark	USA	All year	18.50	17.90	16.50	16.10
OG Beet root powder		Beta vulgaris rubra	Powdered root	<b>China/Our farm</b>	All year	16.00	15.70	14.50	14.00
OG Beet juice powder		Beta vulgaris rubra	Juice powder	<b>Germany/USA</b>	All year	31.80	30.50	29.00	28.00
W Bentonite Clay	2	Bentonite montmorillonite	Powder	USA	All year	9.20	8.20	7.35	6.20
OG Bilberry		Vaccinium myrtillus/pallidum	Dried leaf	Albania	All year	15.20	13.90	13.00	12.40
OG Bilberry		Vaccinium myrtillus	Whole berry	Albania	All year	32.50	30.50	29.00	26.00
OG Black Cohosh	1, 7	Cimicifuga racemosa	Dried root	USA	All year	18.10	16.50	15.00	13.50
OG Black Cohosh	1, 7	Cimicifuga racemosa	Powdered root	USA	All year	19.10	17.50	16.00	14.50
W Black Haw		Viburnum prunifolium	Dried bark	USA	All year	16.50	15.30	14.00	12.70
OG Black Pepper		Piper nigrum	Whole peppercorns	Sri Lanka	All year	15.80	14.80	13.80	12.80
OG Black Pepper		Piper nigrum	Ground peppercorns	Sri Lanka	All year	15.00	14.00	13.00	12.00
OG Black Tea (TGFOP)	4, 6	Camellia sinensis	Whole leaf	India	All year	13.95	12.55	12.15	11.15

**Safety Codes:** 1=Not during pregnancy 2=For external use only 3=Not with blood thinning agents 4=Not for long term use 5=Not with MAO inhibitors

6=Contains caffeine 7=Not during nursing 8=Seek advice of practitioner before using



Common Name	Safety Codes	Latin Name	Form	Origin	Availability	1-4 lbs	5-24 lbs	25-99	100+
OG	Black Tea (GBOP) 4, 6	Camellia sinensis	Broken leaf	India	All year	12.00	11.00	9.80	9.00
OG/W	Black Walnut 4	Juglans nigra	Dried hulls	USA	All year	10.20	9.10	8.50	7.50
OG/W	Black Walnut 4	Juglans nigra	Powdered Hulls	USA	All year	12.20	11.10	10.50	9.50
OG	Blessed Thistle 1	Cnicus benedictus	Dried herb	Our farm	All year	10.90	9.90	9.10	8.40
W	Bloodroot 1, 2	Sanguinaria canadensis	Dried root	USA	All year	41.50	39.50	35.50	32.50
W	Bloodroot 1, 2	Sanguinaria canadensis	Powdered root	USA	All year	44.50	42.50	38.50	36.50
W	Bloodroot 1, 2	Sanguinaria canadensis	In 1/2 pound quantities	USA	All year	23.25 Cut	25.25 Powdered		
OG	Blue Cohosh 1	Caulophyllum thalictroides	Dried root	USA	All year	11.30	10.30	9.50	8.90
OG <b>New</b>	Blue Flag Root 1,7	Iris versicolor	Dried root	Our farm	All year	24.00	21.00	17.00	15.00
OG <b>New</b>	Blue Flag Root 1,7	Iris versicolor	Powdered root	Our farm	All year	26.00	22.00	18.00	16.00
OG	Blue Vervain 1	Verbena spp.	Dried herb	USA	All year	14.20	13.20	12.00	11.40
W	Blueberry	Vaccinium Mortinia	Powdered fruit	Ecuador	All year	24.75	23.25	22.45	21.25
OG/W	Boneset	Eupatorium perfoliatum	Dried herb	USA	All year	14.85	14.35	13.85	12.90
OG	Borage 1, 2, 4, 7	Borago officinalis	Dried herb	USA	All year	13.60	12.40	11.00	10.00
OG	Brazil Nut Protein Powder	Bertholletia excelsa	Powdered nut	Peru	All year	13.50	12.40	11.60	10.80
OG	Bugleweed 1, 7	Lycopus americanus	Dried herb	USA	All year	12.30	11.55	10.40	9.90
OG	Burdock (Gobo)	Arctium lappa	Seed, whole	Our farm	All year	38.00	34.50	32.50	31.00
OG	Burdock (Gobo)	Arctium lappa	Dried root	Our farm	All year	13.50	12.70	11.90	11.40
OG	Burdock (Gobo)	Arctium lappa	Powdered root	Our farm	All year	13.80	12.80	11.90	10.90
OG	Cacao Powder	Theobroma cacao	Powdered bean	Peru	All year	13.90	12.80	11.80	10.50
OG	Calendula	Calendula officinalis	Dried flowers, whole	Our farm France	All year	25.00	23.00	21.00	19.80
OG	California Poppy 1	Eschscholzia californica	Dried plant w/roots	Our farm	All year	22.00	20.00	17.50	16.80
W	Cape Aloe 1, 4, 7	Aloe ferox	Powdered leaf	S. Africa	All year	22.30	20.90	20.00	18.90
OG	Caraway Seeds (Whole)	Carum carvi	Whole seed	Egypt	All year	8.00	7.50	7.00	6.50
OG	Cardamom	Elettaria cardamomum	Hulled seed	Guatemala	All year	28.90	26.50	25.50	23.70
OG	Carob	Ceratonia siliqua	Roasted pod granules	Spain	All year	11.75	10.75	9.75	8.75
W	Cascara bark 1, 4, 7	Rhamnus purshiana	Aged dried bark	USA	All year	11.40	10.20	9.40	8.30
W	Cascara bark 1, 4, 7	Rhamnus purshiana	Powdered bark	USA	All year	11.90	10.70	9.90	9.00
OG	Catnip 1	Nepeta cataria	Dried leaf	USA	All year	17.10	16.10	15.10	13.75
OG	Catnip* 1	Nepeta cataria	Dried leaf (tea bag cut)	USA	All year	13.20	11.50	9.80	8.50
*Catnip tea bag cut is recommended for pet owners. Sold in 30 lb. bags at the following per pound price breaks.....						30-90lb.	120-180lb.	210-1170 lb.	1800 lb+
						9.65	8.15	7.15	6.65
W	Cat's Claw 1	Uncaria tomentosa	Powdered bark	Peru	All year	15.00	13.70	12.90	12.10
W	Cat's Claw 1	Uncaria tomentosa	Shredded bark	Peru	All year	13.40	12.10	11.30	10.50
OG	Cayenne	Capsicum annum-35,000 HU	Powdered fruit	India	All year	11.20	10.10	9.60	9.10
OG	Celandine 1	Chelidonium majus	Dried plant	Our farm	All year	15.35	14.35	13.35	12.65
OG	Chamomile, German	Matricaria recutita	Dried flowers, whole	Croatia/Egypt	All year	18.00	17.00	16.00	15.00
OG	Chamomile, German	Matricaria recutita	Powdered flower	Croatia/Egypt	All year	19.00	18.50	17.25	17.00
OG/W	Chaparral 1, 2, 4, 8	Larrea tridentata	Dried tops	Mexico	All year	12.10	10.40	9.40	8.60
W	Charcoal	Activated charcoal	Powdered	USA	All year	18.60	17.40	16.40	15.50
OG	Chaste Tree 1	Vitex agnus-castus	Dried berries, whole	Albania	All year	11.60	10.90	10.20	9.00
OG	Cherry bark	Prunus serotina	Dried bark	USA	All year	9.40	8.40	7.40	6.40
OG	Chia Seed	Salvia hispanica	Whole seed	Peru	All year	15.25	14.25	13.50	12.75
OG	Chickweed	Stellaria media	Dried herb	Bulgaria	All year	13.15	11.60	10.75	10.25
OG	Chicory root	Cichorium intybus	Roasted root granules	USA	All year	12.00	11.00	10.00	9.00
OG	Chicory root (Raw)	Cichorium intybus	Dried root	USA	All year	12.00	11.00	10.00	9.00
GWC	Chlorella 3	Chlorella vulgaris	Powder	Korea	All year	23.00	20.80	18.20	17.20
OG	Cinnamon 1	Cinnamomum burmannii	Dried bark, cut	Indonesia	All year	9.05	7.55	6.65	5.65
OG	Cinnamon 1	Cinnamomum burmannii	Powdered bark	Indonesia	All year	8.70	7.20	6.30	5.30
OG	Cleavers	Galium aparine	Dried herb	Bulgaria	All year	13.90	13.40	12.40	11.90
OG	Cloves	Syzygium aromaticum	Whole cloves	Madagascar	All year	19.15	17.75	16.95	16.35
OG	Cloves	Syzygium aromaticum	Powdered cloves	Madagascar	All year	18.15	16.75	15.95	15.35
GWC	Codonopsis	Codonopsis pilosula	Dried root	China	All year	33.00	30.50	29.00	28.00

To order, see **pages 13-14**, call **541-479-7777** or go to **www.pacificbotanicals.com**



Common Name		Safety Codes	Latin Name	Form	Origin	Availability	1-4 lbs	5-24 lbs	25-99	100+
OG	Comfrey	1, 2, 4, 7	Symphytum officinale	Dried leaf	USA	All year	13.00	12.50	11.30	10.30
OG	Comfrey	1, 2, 4, 7	Symphytum officinale	Dried root	Poland/USA	All year	11.75	10.75	10.00	9.50
OG	Comfrey	1, 2, 4, 7	Symphytum officinale	Powdered root	Poland/USA	All year	13.00	12.50	11.30	10.30
OG	Coriander		Coriandrum sativum	Seed, whole	Italy/India	All year	8.00	7.50	7.00	6.50
OG	Coriander		Coriandrum sativum	Ground seed	India	All year	9.70	9.20	8.70	8.20
W	Cramp bark		Viburnum opulus	Dried bark, whole	USA	All year	32.00	30.00	27.00	25.50
OG	Cumin		Cuminum cyminum	Powdered seed	India	All year	11.30	10.80	10.20	9.70
W	Damiana		Turnera diffusa	Dried herb	Mexico	All year	14.00	13.10	12.30	11.50
OG	Dandelion root		Taraxacum officinale	Roasted root	China	All year	18.50	17.50	16.50	15.50
OG	Dandelion root		Taraxacum officinale	Roasted root powder	China	All year	18.50	17.50	16.50	15.50
OG	Dandelion root		Taraxacum officinale	Dried root raw	USA	All year	17.00	16.30	15.40	14.50
OG	Dandelion root		Taraxacum officinale	Powdered root	USA	All year	17.00	16.30	15.80	15.00
OG	Dandelion leaf		Taraxacum officinale	Dried leaf	USA	All year	16.20	14.60	13.40	12.40
OG	Devil's Claw		Harpagophytum procumbens	Dried root	S. Africa	All year	13.80	13.20	12.50	12.00
W	Devil's Club		Oplopanax horridus	Dried rhizome bark	USA	All year	42.00	37.00	35.00	31.50
OG	Dill Weed		Anethum graveolens	Dried leaf	Egypt	All year	12.90	12.00	11.20	10.40
W	Dogwood (Jamaican)	1,4,7	Piscidia piscipula	Dried bark	Jamaica	All year	17.80	16.60	16.10	15.50
OG	Dong Quai	1, 3	Angelica sinensis	Dried cut root-Sulfite free	China	All year	16.40	15.50	14.90	14.10
OG	Echinacea		Echinacea angustifolia	Dried root	USA	All year	26.45	24.85	21.85	19.00
OG	Echinacea		Echinacea angustifolia	Powdered root	USA	All year	27.95	26.35	23.00	20.00
OG	Echinacea		Echinacea purpurea	Dried root	Our farm	All year	22.00	20.00	19.00	18.20
OG	Echinacea		Echinacea purpurea	Powdered root	Our farm	All year	23.00	21.00	20.00	19.20
OG	Echinacea		Echinacea purpurea	Flowering herb, dried/cut	Our farm	All year	8.00	7.00	6.00	5.20
OG	Echinacea		Echinacea purpurea	Powdered flowering herb	Our farm	All year	8.50	7.50	6.50	5.70
OG	Echinacea		Echinacea purpurea	Seed, whole	Our farm	All year	72.00	60.00	48.00	43.00
OG	Eclipta		Eclipta alba	Dried herb	Our farm	Limited	14.30	13.50	12.90	12.00
OG	Elder berries		Sambucus nigra	Dried berries, whole	Poland	All year	13.40	12.30	11.60	10.80
OG	Elder flower		Sambucus nigra	Dried flower, whole	Bulgaria	All year	15.75	15.00	14.00	13.00
OG	Elecampane	1, 7	Inula helenium	Dried root	Our farm	All year	9.90	9.20	8.80	7.80
OG	Elecampane	1, 7	Inula helenium	Powdered root	Our farm	All year	10.90	10.20	9.80	8.80
OG	Eleuthero		Eleutherococcus senticosus	Dried root, Sulfite free	China	All year	11.00	10.30	9.70	8.80
OG/W	Eleuthero		Eleutherococcus senticosus	Powdered root, Sulfite free	China	All year	12.00	11.30	10.70	9.80
OG <b>New</b>	Epazote	1,7	Dysphania ambrosioides	Dried top	Our farm	All year	13.30	12.30	11.30	10.10
OG	Eucalyptus		Eucalyptus globulus	Dried leaf	Chile	All year	9.75	8.65	7.75	7.25
OG	Eyebright		Euphrasia officinalis	Dried herb	Poland	All year	16.00	15.50	15.00	14.00
OG	Fennel seed		Foeniculum vulgare	Seed, whole	India	All year	10.00	8.30	7.30	6.50
OG	Fenugreek seed	1	Trigonella foenum-graecum	Seed, whole	India	All year	6.90	6.50	5.90	5.30
OG	Feverfew	1	Tanacetum parthenium	Dried herb	Our farm	All year	13.50	12.50	11.50	10.50
OG	Flax Seed-Brown		Linum usitatissimum	Whole seed	USA	All year	8.00	7.30	6.80	5.80
OG	Garlic	1, 7	Allium sativum	Fresh bulbs	USA	Sept.-Dec.	9.75	8.75	8.45	7.95
OG	Garlic granules	1, 7	Allium sativum	Granulated bulbs	China	All year	9.50	8.80	7.90	7.00
OG	Garlic powder	1, 7	Allium sativum	Powdered bulbs	China	All year	9.60	9.00	8.10	7.20
OG	Gentian		Gentiana lutea	Dried root	France	All year	21.00	19.10	17.00	16.00
OG	Gentian		Gentiana lutea	Powdered root	France	All year	22.00	20.10	18.00	17.00
OG	Ginger		Zingiber officinale	Dried rhizome, cut	Peru	All year	11.85	10.65	10.15	9.15
OG	Ginger		Zingiber officinale	Powdered rhizome	Peru	All year	12.85	11.65	11.15	10.15
OG	Ginkgo		Ginkgo biloba	Dried leaf, whole	USA	Limited	19.90	19.10	17.70	16.60
OG	Ginkgo		Ginkgo biloba	Dried leaf, cut	USA	Limited	20.40	19.60	18.20	17.10
OG	Ginkgo		Ginkgo biloba	Powdered leaf	USA	Limited	21.40	20.80	19.80	18.10
OG	Ginseng, American		Panax quinquefolius	Dried root, whole (5 yrs)	Canada	All year	140.00	132.00	127.00	122.00
OG	Ginseng, American		Panax quinquefolius	Dried root, cut (5 yrs)	Canada	All year	140.00	132.00	127.00	122.00
OG	Ginseng, American		Panax quinquefolius	Powdered root	Canada	All year	142.00	135.00	130.00	124.00
OG	Ginseng, American		Panax quinquefolius	Dried root, cut (oz.)	Canada	All year	- 12.50 per oz -			

**Safety Codes:** 1=Not during pregnancy 2=For external use only 3=Not with blood thinning agents 4=Not for long term use 5=Not with MAO inhibitors  
6=Contains caffeine 7=Not during nursing 8=Seek advice of practitioner before using



Common Name	Safety Codes	Latin Name	Form	Origin	Availability	1-4 lbs	5-24 lbs	25-99	100+
OG	Ginseng, American	Panax quinquefolius	Powdered root (oz.)	Canada	All year	-13.50 per oz -			
OG	Goji 1, 7	Lycium barbarum	Dried berries, whole	China	All year	18.50	17.70	17.00	16.50
W	Goldenrod	Solidago spp.	Dried herb	USA	All year	11.30	10.70	10.00	9.40
OG/W	Goldenseal 1	Hydrastis canadensis	Dried (4yrs) rhizome, whole or cut	USA	All year	- 8.00- per oz -			
OG/W	Goldenseal 1	Hydrastis canadensis	Dried rhizome, powdered	USA	All year	- 9.00- per oz -			
OG/W	Goldenseal 1	Hydrastis canadensis	Dried rhizome, whole or cut	USA	All year	84.00	80.00	72.00	65.00
OG/W	Goldenseal 1	Hydrastis canadensis	Dried rhizome, powdered	USA	All year	88.00	82.00	76.00	68.00
OG	Gotu Kola	Centella asiatica	Dried herb whole	Zimbabwe	All year	16.00	15.30	14.50	13.90
OG	Gotu Kola	Centella asiatica	Powdered herb	Zimbabwe	All year	17.00	16.30	15.50	14.90
W	Gravel root 1, 2, 4, 7	Eupatorium purpureum	Dried root	USA	All year	15.50	14.20	13.50	12.50
OG	Green Tea 4,6	Camellia sinensis	Whole leaf -Gun Powder	China	All year	10.50	9.80	9.00	8.40
OG	Green Tea 4,6	Camellia sinensis	Broken leaf-TBC	China	All year	10.50	9.40	8.80	8.00
OG	Green Tea 4,6	Camellia sinensis	Powdered Leaf	China	All year	11.50	10.40	9.80	9.00
OG <b>New</b>	Habanero	Capsicum annum-210,000 HU	Powdered fruit	USA	All year	37.00	34.00	32.50	30.00
OG	Hawthorn berries	Crataegus spp.	Dried berries, whole	Chile	All year	12.60	10.85	10.45	9.45
W	Hawthorn berries	Crataegus spp.	Dried berries, whole	USA	All year	14.60	12.85	12.45	11.45
OG	Hawthorn leaf & flower	Crataegus spp.	Dried, cut	Poland	All year	10.75	9.75	9.25	8.75
OG	Hibiscus	Hibiscus sabdariffa	Dried flowers	Mexico	All year	11.40	10.50	9.50	9.00
OG	Hops	Humulus lupulus	Dried-strobiles, whole	USA	All year	31.00	28.00	25.00	24.20
W	Horehound 1	Marrubium vulgare	Dried herb	Poland	All year	12.00	11.10	10.40	9.50
OG	Horsechestnut 8	Aesculus hippocastanum	Dried nuts, cut	Hungary <b>Our farm</b>	All year	11.80	10.80	9.20	8.10
OG	Horsetail 1	Equisetum spp.	Dried sterile shoots	Poland	All year	10.75	10.00	9.50	8.50
W	Horsetail 1	Equisetum spp.	Dried sterile shoots	USA	All year	11.75	11.00	10.50	9.50
OG/W	Horsetail 1	Equisetum spp.	Powdered shoots	USA	All year	13.00	12.25	11.75	10.75
W	Hydrangea 4	Hydrangea arborescens	Dried root	USA	All year	13.00	11.80	10.70	10.30
OG	Hyssop 1	Hyssopus officinalis	Dried herb	<b>Our farm</b>	All year	10.60	9.90	9.10	8.40
OG <b>New</b>	Iris	Iris versicolor	Dried root	<b>Our farm</b>	All year	24.00	21.00	17.00	15.00
OG <b>New</b>	Iris	Iris versicolor	Powdered root	<b>Our farm</b>	All year	26.00	22.00	18.00	16.00
OG	Juniper berries 1, 4	Juniperus communis	Dried berries	E. Europe	All year	11.50	10.50	9.90	9.25
GWC	Kava Kava 1, 4, 7	Piper methysticum	Dried root	Vanuatu	All year	23.50	21.50	19.30	18.50
GWC	Kava Kava 1, 4, 7	Piper methysticum	Powdered root	Vanuatu	All year	24.50	22.50	20.30	19.50
W	Kola nut 1, 4, 6	Cola nitida	Powdered nut	Guinea	All year	9.70	8.90	8.30	7.80
OG	Lavender	Lavandula spp.	Dried flowers	France	All year	20.80	20.00	18.40	17.50
OG	Lemon Balm	Melissa officinalis	Dried herb	<b>Our farm</b>	All year	14.05	13.70	12.70	11.40
OG	Lemon Grass 1	Cymbopogon citratus	Dried leaf	Egypt	All year	10.30	9.70	9.30	8.90
OG	Lemon peel	Citrus limon	Dried peel, diced	USA	All year	12.00	10.70	10.00	9.00
OG	Lemon peel	Citrus limon	Powdered peel	USA	All year	12.00	10.70	10.00	9.00
OG	Lemon Verbena	Aloysia citriodora	Dried leaf	Spain	All year	21.00	20.00	19.00	18.00
OG	Licorice 1, 4, 7	Glycyrrhiza glabra	Dried root, cut	Spain	All year	12.65	11.85	11.00	10.00
OG	Licorice 1, 4, 7	Glycyrrhiza glabra	Powdered root	Spain	All year	13.65	12.85	12.00	11.00
OG	Linden	Tilia europaea	Dried leaf & flower cut	Bulgaria	Limited	19.55	18.05	16.45	15.65
W	Linden	Tilia europaea	Dried leaf and flower cut	Bulgaria	All year	17.80	16.30	14.70	13.90
OG	Lobelia 1	Lobelia inflata	Dried herb in seed stage	<b>Our farm</b>	All year	19.10	17.90	16.70	15.90
OG	Lobelia 1	Lobelia inflata	Seed, whole (oz.)	<b>Our farm</b>	All year	- 10.00 per oz -			
OG	Lobelia 1	Lobelia inflata	Seed, whole	<b>Our farm</b>	All year	81.00	60.00	52.00	35.00
W	Lomatium 1	Lomatium dissectum	Dried root	USA	All year	22.00	21.50	20.50	19.80
W	Lungwort	Sticta pulmonaria	Dried lichen, whole	USA	All year	15.40	14.50	13.80	13.10
W	Lycii berry (wolfberry) 1, 7	Lycium barbarum	Dried berries, whole	China	All year	16.00	15.00	14.00	13.30
OG	Maca 1	Lepidium peruvianum	Powdered tuber	Peru	All year	21.30	20.50	19.50	18.50
OG/W	Marshmallow	Althaea officinalis	Dried leaf	USA/Albania	All year	13.50	12.50	12.00	11.20
OG	Marshmallow	Althaea officinalis	Dried root	<b>Our farm</b>	All year	14.30	13.55	12.55	11.55
OG	Marshmallow	Althaea officinalis	Powdered root	<b>Our farm</b>	All year	15.30	14.55	13.55	12.55
OG	Meadowsweet	Filipendula ulmaria	Dried herb/flower	Poland	All year	13.10	11.90	10.75	8.50

To order, see **pages 13-14**, call **541-479-7777** or go to **www.pacificbotanicals.com**

	Common Name	Safety Codes	Latin Name	Form	Origin	Availability	1-4 lbs	5-24 lbs	25-99	100+
OG	Milk Thistle		Silybum marianum	Seed, whole	USA/Hungary	All year	12.25	11.40	10.90	10.70
OG	Milk Thistle		Silybum marianum	Powdered seed	USA	All year	15.25	14.40	13.90	13.40
OG	Motherwort	1	Leonurus cardiaca	Dried herb	Our farm	All year	10.20	9.50	8.80	7.90
OG/W	Mugwort	1	Artemisia vulgaris	Dried herb	USA	All year	12.25	11.50	10.75	10.25
OG	Mullein leaf		Verbascum densiflorum	Dried leaf	Chile	All year	11.10	10.10	9.10	8.10
OG	Neem	1,7	Azadirachta indica	Dried leaf	India	All year	9.50	8.00	7.00	6.00
OG	Nettles		Urtica dioica	Dried herb	Our farm	All year	10.80	9.50	8.90	8.50
OG	Nettles		Urtica dioica	Powdered herb	Our farm	All year	12.80	11.50	10.90	10.50
OG	Nettle leaf		Urtica dioica	Dried leaf	USA	All year	15.35	14.05	13.05	12.05
OG	Nettle leaf		Urtica dioica	Powdered leaf	USA	All year	16.35	15.05	14.05	13.05
OG	Nettle root		Urtica dioica	Dried root	Our farm	All year	17.00	15.15	13.85	12.55
OG	Nettle seed		Urtica dioica	Seed w/calyx	Our farm	Limited	36.00	34.00	33.50	32.50
OG	Nutmeg	1, 5, 7, 8	Myristica fragrans	Ground seed	Sri Lanka	All year	26.00	24.50	23.50	22.50
Vegan	Nutritional Yeast (Red Star)		Saccaromyces cerevisiae	Flakes	USA	All year	17.00	15.00	14.00	13.00
OG	Oats		Avena sativa	Dried stripped tops in milk stage	Our farm	All year	14.90	14.00	12.90	11.50
OG	Oats "Cayuse"		Avena sativa "Cayuse"	Seed for planting	Our farm	All year	\$25.00/50 lb. bag		\$900/ton	
OG	Oatstraw		Avena sativa	Green, Dried whole plant in milk stage	Our farm	All year	9.25	8.50	7.75	6.95
OG	Oatstraw		Avena sativa	Whole Plant powdered	Our farm	All year	11.25	10.50	9.75	8.95
OG	Olive Leaf		Olea europaea	Dried leaf	Albania	All year	10.30	9.80	9.20	8.50
OG	Olive Leaf		Olea europaea	Powdered leaf	Albania	All year	11.70	11.20	10.60	9.90
OG	Oolong Tea	4,6	Camellia sinensis	Whole leaf	China	All year	15.50	14.80	14.00	13.00
OG	Orange peel		Citrus sinensis	Dried peel, diced	USA	All year	9.75	9.10	8.35	7.75
OG	Orange peel		Citrus sinensis	Powdered peel	USA	All year	9.55	8.90	8.15	7.55
OG	Oregano		Origanum vulgare	Dried leaf	USA	All year	11.70	10.45	9.30	8.20
OG	Oregon Grape root	1	Mahonia aquifolium	Dried root	USA	All year	12.40	11.40	11.00	10.40
OG	Oregon Grape root	1	Mahonia aquifolium	Powdered root	USA	All year	14.50	13.70	12.40	11.70
OG	Papaya leaf		Carica papaya	Dried leaf	India	All year	14.25	12.75	12.05	11.15
OG	Paprika		Capsicum annum	Powdered fruit	USA	All year	13.00	11.75	10.95	9.75
OG	Parsley	1	Petroselinum crispum	Dried leaf	Egypt	All year	11.30	9.80	9.00	8.50
OG	Parsley	1	Petroselinum crispum	Dried root	USA	All year	17.20	15.30	14.40	12.70
OG/W	Passionflower		Passiflora incarnata	Dried herb	Italy/USA	All year	15.00	13.80	12.80	11.80
W	Pau d'Arco		Tabebuia impetiginosa	Dried inner bark	Brazil	All year	8.15	7.25	6.85	6.25
OG	Pepper, Black		Piper nigrum	Whole peppercorns	Sri Lanka	All year	15.80	14.80	13.80	12.80
OG	Pepper, Black		Piper nigrum	Ground peppercorns	Sri Lanka	All year	15.00	14.00	13.00	12.00
OG	Peppermint		Mentha x piperita	Dried leaf	USA	All year	11.20	10.10	9.10	8.20
OG	Peppermint		Mentha x piperita	Powdered leaf	USA	All year	11.90	11.20	10.20	9.00
W	Pipsissewa		Chimaphila umbellata	Dried plant	USA	All year	15.90	14.90	14.45	13.70
OG	Plantain		Plantago major	Dried leaf	Our farm	All year	13.30	12.30	11.80	11.55
OG	Pleurisy root	1, 8	Asclepias tuberosa	Dried root	USA	All year	17.50	16.00	15.00	14.50
OG	Poke	1, 2, 4, 8	Phytolacca americana	Dried root	Our farm	All year	9.70	8.60	8.00	7.00
OG	Poke	1, 2, 4, 8	Phytolacca americana	Powdered Root	Our farm	All year	10.70	9.60	9.00	8.00
W	Prickly Ash	1	Zanthoxylum clava-herculis	Dried bark	USA	All year	17.75	15.75	14.75	13.25
OG	Psyllium		Plantago ovata	Seed, whole	India	All year	9.20	8.30	7.60	6.50
OG	Psyllium husks		Plantago ovata	Whole husks	India	All year	11.00	10.00	9.20	8.50
OG	Psyllium husks		Plantago ovata	Powdered	India	All year	12.75	11.00	10.00	9.00
W	Quassia		Quassia excels	Chips	Jamaica	All year	13.75	12.75	11.75	10.75
OG	Raspberry leaf-Red		Rubus idaeus	Dried leaf	E.Europe	All year	11.35	10.05	8.75	8.30
OG	Red Clover	1, 3	Trifolium pratense	Dried blossoms	Our farm Bulgaria	All year	37.00	35.00	33.00	31.00
OG	Red Clover herb	1, 3	Trifolium pratense	Dried herb	Our farm	All year	12.65	11.35	10.75	10.05
OG	Rhodiola		Rhodiola rosea	Dried root	China	All year	18.90	16.60	15.70	14.90
OG	Roasted Carob		Ceratonia siliqua	Roasted pod granules	Spain	All year	11.75	10.75	9.75	8.75
OG	Roasted Chicory		Cichorium intybus	Roasted root granules	USA	All year	12.00	11.00	10.00	9.00

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6=Contains caffeine 7=Not during nursing 8=Seek advice of practitioner before using



	Common Name	Safety Codes	Latin Name	Form	Origin	Availability	1-4 lbs	5-24 lbs	25-99	100+
OG	Roasted Dandelion		Taraxacum officinale	Roasted root	China	All year	18.50	17.50	16.50	15.50
OG	Roasted Dandelion		Taraxacum officinale	Roasted root powder	China	All year	18.50	17.50	16.50	15.50
OG	Rooibos tea		Aspalathus linearis	Tea bag cut herb	S. Africa	All year	12.10	11.20	10.60	10.10
OG	Rose Hips		Rosa spp.	Dried & shelled fruit	Chile	All year	12.45	11.45	10.45	9.45
OG	Rose Hips		Rosa spp.	Powdered fruit	Chile	All year	13.30	12.00	11.00	10.20
OG	Rosemary	1	Rosmarinus officinalis	Dried leaf	Chile	All year	10.45	9.35	8.35	7.50
OG	Rose Petals, Dark Pink		Rosa damascena/centifolia	Whole petals	India	Limited	21.00	19.00	17.00	15.00
OG	Roses, Pink		Rosa damascena	Dried buds, whole	Israel	All year	33.50	30.50	28.50	27.50
OG	Sage	1, 4	Salvia officinalis	Dried leaf	Our farm	All year	13.50	12.90	11.90	10.80
OG	Sarsaparilla (Indian)		Hemidesmus indicus	Dried root	India	All year	16.15	14.65	13.95	11.95
W	Saw Palmetto		Serenoa repens	Dried fruit, cut	USA	All year	16.95	15.85	14.85	13.85
W	Saw Palmetto		Serenoa repens	Powdered fruit	USA	All year	18.45	17.25	15.45	13.95
OG	Schisandra		Schisandra chinensis	Dried berries, whole	China	All year	21.75	18.75	16.75	15.25
W	Sea Salt			Coarse	Atlantic	All year	5.35	5.10	4.75	4.40
W	Sea Salt			Fine	Atlantic	All year	4.85	4.60	4.25	3.90
OG	Senna Leaf	1, 4	Senna alexandrina	Dried leaf	India	All year	9.40	8.70	8.00	7.00
OG	Senna Leaf	1, 4	Senna alexandrina	Powdered leaf	India	All year	9.90	9.20	8.50	7.50
OG	Senna Pod	1, 4	Senna alexandrina	Dried pods	India	All year	7.00	6.60	5.80	4.80
OG	Senna Pod	1, 4	Senna alexandrina	Powdered pod	India	All year	9.00	8.60	7.80	6.80
OG	Shatavari		Asparagus racemosus	Dried root	India	All year	13.40	13.10	11.70	10.70
OG	Sheep Sorrel		Rumex acetosella	Dried herb	USA	All year	16.00	14.70	14.00	13.00
OG	Sheep Sorrel		Rumex acetosella	Powdered herb	USA	All year	17.00	15.70	15.00	14.00
OG	Skullcap		Scutellaria lateriflora	Dried herb	Our farm/USA	All year	20.30	18.90	18.10	16.80
GWC	Skullcap, Baikal		Scutellaria baicalensis	Dried root	China	All year	16.40	15.40	14.60	13.90
W	Slippery Elm		Ulmus fulva	Dried bark	USA	All year	16.50	15.90	15.00	14.40
W	Slippery Elm		Ulmus fulva	Powdered bark	USA	All year	17.50	16.70	16.50	15.50
OG	Slippery Elm		Ulmus fulva	Dried bark	USA	All year	18.90	17.30	15.90	15.20
OG	Slippery Elm		Ulmus fulva	Powdered bark	USA	All year	20.60	19.50	18.50	17.80
OG	Spearmint		Mentha spicata	Dried leaf	USA	All year	11.40	10.50	10.00	9.30
W	Spikenard	1	Aralia californica	Dried root	USA	All year	18.40	17.50	15.20	14.30
OG	Spilanthes		Spilanthes acmella	Dried flowering plant	Our farm	All year	17.40	16.40	15.40	14.40
OG	Spinach		Spinacia oleracea	Powdered leaf	China	All year	16.80	15.00	14.30	12.50
GWC	Spirulina		Arthrospira platensis	Powder	USA	All year	20.20	18.90	18.40	17.30
OG <b>New</b>	Star Anise		Illicium verum	Dried fruit	Vietnam	All year	13.70	11.75	11.00	11.15
OG	Stevia		Stevia rebaudiana	Dried leaf	India	All year	12.30	11.00	10.00	8.50
OG	Stevia		Stevia rebaudiana	Powdered leaf	India	All year	12.60	11.60	11.00	9.50
W	Stone root		Collinsonia canadensis	Dried root	USA	All year	11.50	10.50	9.50	9.00
OG	St. John's Wort	1,3,5	Hypericum perforatum	Dried flowering 3-5" tops	Chile	All year	12.50	11.00	10.60	10.00
W	St. John's Wort	1,3,5	Hypericum perforatum	Dried flowering 3-5" tops	USA	All year	15.25	13.75	13.35	12.75
OG	Sweet Annie	1	Artemisia annua	Dried tops	Our farm	All year	15.50	14.50	13.50	12.40
OG	Sweet Annie	1	Artemisia annua	Powdered tops	Our farm	All year	16.50	15.50	14.50	13.40
W	Thuja	1, 4	Thuja occidentalis	Dried leaf	USA	All year	14.00	13.00	12.00	11.00
OG	Thyme		Thymus vulgaris	Dried leaf	Morocco	All year	10.10	9.50	8.50	7.90
OG <b>New</b>	Triphala	1,7	Terminalia bellerica/T. chebula/ Emblica officinalis	Powdered	India	All year	12.00	11.00	10.00	9.00
OG	Tulsi Basil (Rama)	1,7	Ocimum sanctum	Dried herb	Our farm	All year	17.40	16.30	15.50	14.90
OG	Tulsi Basil (Rama)	1,7	Ocimum sanctum	Powdered herb	Our farm	All year	18.40	17.30	16.50	15.90
OG	Turkey Rhubarb	1, 4	Rheum spp.	Dried root	USA	All year	16.00	15.00	14.00	13.00
OG	Turkey Rhubarb	1, 4	Rheum spp.	Powdered root	USA	All year	17.00	16.00	15.00	14.00
OG	Turkey Rhubarb	1, 4	Rheum spp.	(in 1/2 lb. quantities)	USA	All year	9.00	Cut 9.50	Powdered	
OG	Turmeric powder	1	Curcuma longa	Powdered rhizome	India	All year	10.80	9.60	9.00	8.30
W	Usnea		Usnea spp.	Dried lichen, whole	USA	All year	23.50	22.00	19.00	16.70
OG	Uva ursi	1, 4	Arctostaphylos uva-ursi	Dried leaf	Croatia	All year	16.50	14.70	12.80	11.50

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Common Name	Safety Codes	Latin Name	Form	Origin	Availability	1-4 lbs	5-24 lbs	25-99	100+
W Uva ursi	1,4	Arctostaphylos uva-ursi	Dried leaf	Spain/Albania	All year	16.00	14.50	13.50	12.50
OG Valerian		Valeriana officinalis	Dried root	Our farm	All year	18.10	17.10	16.40	15.70
OG Valerian		Valeriana officinalis	Powdered root	Our farm	All year	19.10	18.10	17.40	16.40
OG Vitex berries	1	Vitex agnus-castus	Dried berries, whole	Our farm	Limited	13.60	12.90	12.20	11.00
OG Vitex berries	1	Vitex agnus-castus	Dried berries, whole	Albania	All year	11.60	10.90	10.20	9.00
OG Wheat Grass		Triticum aestivum	Dried grass powder	USA	All year	14.50	13.00	12.50	11.20
OG Wheat Grass Juice		Triticum aestivum	Dried juice powder	USA	All year	24.75	23.95	23.35	22.55
OG/W White Oak bark		Quercus alba	Dried bark	USA	All year	11.80	10.50	10.00	9.26
W White Willow bark		Salix alba	Dried bark	USA	All year	11.50	10.00	8.90	7.90
OG Wild Yam	1	Dioscorea villosa	Dried root	USA	All year	12.45	11.55	10.75	10.00
W Wild Yam	1	Dioscorea villosa	Powdered root	USA	All year	12.70	11.80	11.00	10.20
OG/W Witch Hazel		Hamamelis virginiana	Dried leaf	USA	All year	14.00	13.00	12.00	11.00
OG Wormwood	1, 4, 7	Artemisia absinthium	Dried herb	Our farm	All year	12.70	12.00	11.00	10.00
OG Wormwood (Petite)	1,4,7	Artemisia pontica	Dried herb	Our farm	All year	22.50	21.00	19.20	18.00
OG Yarrow	1	Achillea millefolium	Dried herb	USA	All year	11.90	11.20	10.70	10.00
W Yarrow	1	Achillea millefolium	Dried whole flowers	USA	All year	15.80	15.10	14.60	13.90
W Yarrow	1	Achillea millefolium	Dried cut flowers	USA	All year	16.30	15.60	15.10	14.40
OG Yellow Dock		Rumex crispus	Dried root	USA	All year	15.00	14.00	13.00	12.00
OG Yellow Dock		Rumex crispus	Powdered root	USA	All year	16.00	15.00	14.00	13.00
W Yerba Mansa		Anemopsis californica	Dried root	USA	All year	32.00	30.00	28.50	26.50
OG Yerba Mate	4, 6	Ilex paraguariensis	Dried leaf	Brazil	All year	13.50	12.30	10.90	9.50
W Yerba Santa		Eriodictyon californicum	Dried leaf, whole	USA	All year	15.00	14.30	13.70	13.00
W Yerba Santa		Eriodictyon californicum	Dried leaf, cut	USA	All year	15.40	14.60	14.10	13.30
W Yucca		Yucca glauca	Dried root	USA	All year	12.60	11.50	10.00	9.20
W Yucca		Yucca glauca	Powdered root	USA	All year	13.60	12.50	11.00	10.30

## HERBAL ACCESSORIES

### Bottles, Capsules and More



#### BOSTON AMBER BOTTLES WITH GLASS DROPPERS

1 OZ. 1.20/EA  
2 OZ. 1.40/EA  
4 OZ. 1.70/EA

#### ENCAPSULATING MACHINE

Size 0 \$27.50/ea  
Size 00 \$27.50/ea

#### CLEAR VEGETABLE CAPSULES

Size 0 100/PKG \$5.25/PKG  
500/PKG \$12.00/PKG  
1000/PKG \$21.50/PKG

Size 00 100/PKG \$6.00/PKG  
500/PKG \$16.50/PKG  
1000/PKG \$25.00/PKG



### Harvesting Echinacea Root



**Safety Codes:** 1=Not during pregnancy 2=For external use only 3=Not with blood thinning agents 4=Not for long term use 5=Not with MAO inhibitors  
6=Contains caffeine 7=Not during nursing 8=Seek advice of practitioner before using



## SEA VEGETABLES

Our Sea Vegetables are sustainably harvested in the clean coastal waters of Northern California, Southern Oregon, Maine and Eastern Canada. We source with only the best and most ecologically sound harvesters. Please Note: None of the Sea Vegetables are certified Kosher.

Common Name	Safety Codes	Latin Name	Form	Origin	Availability	4 oz.	1 lb.
W Fucus tips	1, 4	Fucus vesiculosus/F. gardneri	Whole	USA	All year	12.00	38.00
W Kelp fronds	4	Nereocystis luetkeana	Whole	USA/Canada	All year	20.00	62.00
OG Kombu		Laminaria digitata	Whole	Iceland	All year	7.50	25.00
W Kombu		Laminaria digitata	Whole	USA	All year	7.50	25.00
W Nori		Porphyra spp.	Whole (not 'sheet' Nori)	Canada	All year	7.50	21.50
W Sea Palm		Postelsia palmaeformis	Whole	USA	All year	17.00	56.00
W Sea Veggie Mix		Alaria esculenta, Laminaria digitata	Powdered	Canada	All year	16.00	48.00
W Wakame, Atlantic		Alaria esculenta	Whole	Canada	All year	6.50	21.00

Common Name	Safety Codes	Latin Name	Form	Origin	Availability	1-4 lbs.	5-24	25-99	100+
OG Bladderwrack	1,4	Fucus vesiculosus	Powdered	Canada	All year	11.90	10.60	9.20	8.00
OG Kombu		Laminaria digitata	Whole	USA	All year	25.00	23.00	22.50	21.50
W Nori		Porphyra spp.	Flakes	Canada	All year	25.50	23.50	22.50	21.50
W Purple Dulse		Palmaria palmata	Powdered	Canada	All year	23.55	23.30	22.30	20.85
W Purple Dulse		Palmaria palmata	Flakes	Canada	All year	20.05	19.80	18.80	17.35
W Wakame, Atlantic		Alaria esculenta	Flakes	Canada	All year	27.00	25.00	23.00	21.00

## SUPERFOOD POWDERS

SuperFoods pack incredible nutrition into a very usable form. Add SuperFood powder blends to liquids or capsules. We highly recommend that you keep these items stocked in your store and on your shelves at home. Here is a list of suggested products. \* Not certified Kosher

Common Name	Safety Codes	Latin Name	Origin	1-4	5-24	25-99	100+
OG Acerola Cherry		Malpighia glabra	Brazil	\$42.00	\$40.00	\$35.00	\$31.50
OG Alfalfa Leaf	3	Medicago sativa	USA	\$10.60	\$9.80	\$8.60	\$7.80
OG Barley Grass		Hordeum vulgare	USA	\$14.40	\$13.20	\$12.00	\$11.00
OG Barley Grass Juice		Hordeum vulgare	USA	\$28.00	\$27.00	\$25.60	\$24.80
OG Beet Juice		Beta vulgaris rubra	USA/Germany	\$31.80	\$30.50	\$29.00	\$28.00
OG Beet Root		Beta vulgaris rubra	China/Our farm	\$16.00	\$15.70	\$14.50	\$14.00
W Blueberry		Vaccinium Mortinia	Ecuador	\$24.75	\$23.25	\$22.45	\$21.25
OG Brazil Nut Protein Powder		Bertholletia excelsa	Peru	\$13.50	\$12.40	\$11.60	\$10.80
OG Cacao Powder		Theobroma cacao	Peru	\$13.90	\$12.80	\$11.80	\$10.50
GWC Chlorella	3	Chlorella vulgaris	Korea	\$23.00	\$20.80	\$18.20	\$17.20
OG Lemon Peel		Citrus limon	USA	\$12.00	\$10.70	\$10.00	\$9.00
OG Nettle Herb		Urtica dioica	Our farm	\$12.80	\$11.50	\$10.90	\$10.50
OG Nettle Leaf		Urtica dioica	USA	\$16.35	\$15.05	\$14.05	\$13.05
<b>Vegan</b> Nutritional Yeast Flakes (Red Star)		Saccaromyces cerevisiae	USA	\$17.00	\$15.00	\$14.00	\$13.00
OG Orange Peel		Citrus sinensis	USA	\$9.55	\$8.90	\$8.15	\$7.55
W Purple Dulse*		Palmaria palmata	Canada	\$23.55	\$23.30	\$22.30	\$20.85
OG Rose Hips		Rosa spp.	Chile	\$13.30	\$12.00	\$11.00	\$10.20
W Sea Veggie Blend*		Alaria esculenta, Laminaria digitata	Canada	\$16.00/4 oz	\$48.00/lb		
OG Spinach Leaf		Spinacia oleracea	China	\$16.80	\$15.00	\$14.30	\$12.50
GWC Spirulina		Arthrospira platensis	USA	\$20.20	\$18.90	\$18.40	\$17.30
OG/GW Wheat Grass		Triticum aestivum	USA	\$14.50	\$13.00	\$12.50	\$11.20
OG/GW Wheat Grass Juice		Triticum aestivum	USA	\$24.75	\$23.95	\$23.35	\$22.55

To order, see **pages 13-14**, call **541-479-7777** or go to **www.pacificbotanicals.com**

# FRESHLY HARVESTED HERBS

**NOTE:** *The \$100 order minimum does not apply to fresh orders.* Please call early in the season to reserve your portion of the harvest. Below is our price list and the season in which you will need to call to place your fresh order. Check the list of the fresh harvested herbs (page 13) and the approximate number of times ( ) in the year that each herb is harvested. Fresh harvests are limited. Please plan ahead and reserve your supply. *Please note: Pacific Botanicals will not be responsible for fresh shipments mailed to apartment number addresses.*

Common Name	Safety Codes	Latin Name	Form	Origin	Availability	1-2 lbs	3-24 lbs	25-99	100+
OG Angelica	1, 3	Angelica archangelica	Fresh root	Our farm	Call in Summer	12.60	8.60	7.20	6.50
OG Artemisia annua	1	Artemisia annua	Fresh tops	Our farm	Call in Spring	12.00	9.75	5.65	4.75
OG Artichoke		Cynara scolymus	Fresh leaf	Our farm	Call in Spring	10.00	6.90	5.80	4.80
OG Ashwagandha	1	Withania somnifera	Fresh tops	Our farm	Call in Summer	13.50	9.50	9.00	8.20
OG Ashwagandha	1	Withania somnifera	Fresh root	Our farm	Call in Summer	12.00	8.70	7.90	7.30
OG Astragalus		Astragalus mongholicus (membr.)	Fresh root	Our farm	Call in Summer	13.00	9.00	8.20	7.50
OG Bacopa		Bacopa monnieri	Fresh herb	Our farm	Call in Spring	16.00	13.70	13.00	12.00
OG Baikal Skullcap		Scutellaria baicalensis	Fresh root	Our farm	Call in Summer	14.50	11.00	10.50	10.00
OG Blessed Thistle	1	Cnicus benedictus	Fresh herb	Our farm	Call in Spring	8.50	5.00	4.10	3.60
OG Burdock (Gobo)		Arctium lappa	Fresh root	Our farm	Call in Summer	9.45	6.75	5.95	5.20
OG Calendula		Calendula officinalis	Fresh flowers	Our farm	Call in Spring	12.80	9.00	8.00	7.40
OG California Poppy	1	Eschscholzia californica	Fresh plant, whole	Our farm	Call in Spring	11.25	7.95	6.95	6.25
OG Celandine	1	Chelidonium majus	Fresh tops	Our farm	Call in Spring	12.20	8.80	7.60	6.85
OG Celandine	1	Chelidonium majus	Fresh plant with roots	Our farm	Call in Spring	12.50	9.00	7.75	7.00
OG Chamomile, German		Matricaria recutita	Fresh flowers	Our farm	Call in January	16.00	11.50	11.05	10.70
OG Chaste Tree	1	Vitex agnus-castus	Fresh berries, whole	Our farm	Call in Summer	13.20	9.50	9.00	8.00
OG Cornsilk		Zea mays	Fresh silk	Our farm	Call in Spring	21.35	17.05	16.20	15.45
OG Echinacea		Echinacea purpurea	Fresh root	Our farm	Call in August/January	14.50	11.20	9.40	8.40
OG Echinacea		Echinacea purpurea	Fresh flowering tops	Our farm	Call in Spring	6.70	4.50	3.25	2.45
OG Echinacea		Echinacea purpurea	Fresh flowers only	Our farm	Call in Spring	10.00	6.80	5.80	5.10
OG Elder Berries		Sambucus nigra	Fresh fruit umbels	Our farm	Call in Summer/Limited	12.50	10.00	8.50	7.50
OG Elecampane	1, 7	Inula helenium	Fresh root	Our farm	Call in Summer	9.50	7.00	4.80	4.10
OG Feverfew	1	Tanacetum parthenium	Fresh herb	Our farm	Call in Spring	9.50	7.00	5.40	4.75
OG Garlic	1, 7	Allium sativum	Fresh bulb	USA	Call in Summer	9.75	8.75	8.45	7.95
OG Ginger, Hawaiian Yellow		Zingiber officinale	Fresh rhizome	Hawaii	Call in Fall	11.50	10.00	9.50	8.20
OG Ginkgo		Ginkgo biloba	Fresh leaf	Our farm	Call in Summer/Limited	14.50	10.80	9.70	8.90
W Hawthorne Berries		Crataegus spp.	Fresh berries, whole	USA	Call in Summer	13.00	9.20	8.60	8.10
OG Horsechestnut	8	Aesculus hippocastanum	Fresh whole nut	Our farm	Call in Summer	10.50	7.25	6.50	6.00
OG <b>New</b> Hyssop	1	Hyssopus officinalis	Fresh herb and flower	Our farm	Call in Spring	10.30	7.50	6.50	5.50
OG Lavender spikes		Lavandula spp.	Fresh flowers on stem	Our farm	Call in Spring	15.50	11.00	10.20	9.50
OG Lemon Balm		Melissa officinalis	Fresh herb	Our farm	Call in Spring	10.50	7.30	6.50	6.00
OG Lobelia	1	Lobelia inflata	Fresh herb in seed stage	Our farm	Call in Summer	12.40	8.80	7.90	7.30
OG Marshmallow		Althaea officinalis	Fresh root	Our farm	Call in Summer	9.10	6.40	5.10	4.10
OG Motherwort	1	Leonurus cardiaca	Fresh herb	Our farm	Call in Spring	10.50	7.20	5.75	5.00
OG Mullein flower		Verbascum ohympicum	Fresh flowers	Our farm	Call in Spring	22.50	19.00	18.00	17.00
OG Nettles		Urtica dioica	Fresh herb	Our farm	Call in Spring	15.00	9.00	7.50	6.50
OG Oats		Avena sativa	Fresh stripped tops in milk stage	Our farm	Call in May	9.70	6.70	5.40	4.80
OG Plantain		Plantago major	Fresh herb	Our farm	Call in Spring	10.60	7.70	6.70	6.40
OG Poke	1,2,4,8	Phytolacca americana	Fresh root	Our farm	Call in Summer	9.50	7.00	5.30	4.10
OG Red Clover	1, 3	Trifolium pratense	Fresh blossoms	Our farm	Call in Spring	18.00	14.00	13.00	12.25
OG Rosemary	1	Rosmarinus officinalis	Fresh leaf on stem w/flowers	Our farm	Call in Winter	14.20	10.20	9.70	9.20
OG Sage	1,4	Salvia officinalis	Fresh tops in flower	Our farm	Call in Spring	12.00	8.00	7.20	6.50
OG Skullcap		Scutellaria lateriflora	Fresh herb	Our farm	Call in Spring	13.50	9.50	8.50	7.50
OG Spilanthes		Spilanthes acmella	Fresh flowering plant	Our farm	Call in Spring	11.20	8.50	7.50	7.00
OG <b>New</b> Spilnathes		Spilanthes acmella	Fresh flowering plant w/ root	Our farm	Call in Spring	10.50	7.50	6.50	6.00
W St. John's Wort	1, 3, 5	Hypericum perforatum	Fresh 4-6" tops	USA	Call in Spring	15.00	11.00	9.60	9.00

To order, see **pages 13-14**, call **541-479-7777** or go to **www.pacificbotanicals.com**



Common Name	Safety Codes	Latin Name	Form	Origin	Availability	1-2 lbs	3-24 lbs	25-99	100+
OG Sweet Annie	1	Artemisia annua	Fresh tops	Our farm	Call in Spring	12.00	9.75	5.65	4.75
OG Tulsi Basil (Rama)	1,7	Ocimum sanctum	Fresh herb	Our farm	Call in Spring	11.00	7.70	7.00	6.40
OG Turmeric	1	Curcuma longa	Fresh rhizome	Hawaii	Call in Fall	12.00	10.75	9.50	9.00
OG Valerian		Valeriana officinalis	Fresh root	Our farm	Call in Summer	14.85	10.55	8.85	7.60
OG Vitex berries	1	Vitex agnus-castus	Fresh berries whole	Our farm	Call in Summer	13.20	9.50	9.00	8.00
OG Wormwood	1, 4, 7	Artemisia absinthium	Fresh herb	Our farm	Call in Spring	10.10	7.30	6.00	5.30

## FRESH SHIPPED HERBS *Harvest Schedule* (Harvested and shipped the same day)

For our customers who use *freshly harvested herbs, flowers, roots and berries*, we've put together a general time frame during which the particular herbs are harvested. ( x ) Indicates the approximate number of times we harvest and ship each year.

### Spring (March-May)

Rosemary Lf & Flwr (1)

### Summer (June-Sept)

Artichoke Lf (3)

Artemisia annua (1)

Ashwagandha Lf (1)

Bacopa (2)

Blessed Thistle (1)

Calendula Flwr (5)

California Poppy Whl Plant (1)

Celandine Whl Plant (1)

Celandine Tops (1)

Chamomile (2)

Cornsilk (1)

Ech purp Flwr (2)

Ech purp Flowering Herb (2)

Feverfew Herb in Flwr (1)

Hyssop (1)

Lavender Spikes (1)

Lemon Balm Herb (2)

Lobelia Herb Seed stage (1)

Motherwort Herb (2)

Mullein Flwr (2)

Nettle (1)

Oat Tops in milk stage (1)

Plantain (1)

Red Clover Blossoms (2)

Sage Lf & Flwr (1)

Skullcap (1)

Spilanthes (1)

St. John's Wort (1)

Tulsi Basil Herb (2)

Wormwood (1)

### Fall (Sept-Nov)

Angelica Rt (1)

Ashwagandha Rt (1)

Astragalus Rt (1)

Baikul Skullcap Rt (1)

Burdock Rt (1)

Ech purp Rt (2)

Elder berry Umbels (1)

Elecampane Rt (1)

Garlic Bulbs (September-December)

Ginkgo Lf (Sept) (1)

Hawthorn Berries (1)

Horse Chestnut (1)

Marshmallow Rt (1)

Poke Rt (1)

Valerian Rt (1)

Vitex berries (Sept) (1)

### Winter (Jan-March)

Ginger Rhizome

Turmeric Rhizome

Ech purp. Root (1)

## REMEMBER TO ORDER FRESH HERBS EARLY!

For freshly harvested botanicals we strongly encourage you to call at least one month before harvest time to add your name to the list.

We'll call you in advance to confirm and set up your order as each product is harvested.

### ALSO PLEASE NOTE:

Fresh Herbs and Flowers (*anything grown above ground*) are generally shipped UPS Next Day Air. Fresh Roots & Berries will be shipped UPS 2<sup>nd</sup> Day Air.

## ORDERING INFORMATION

### Payment/Credit Terms

We accept *VISA, MasterCard, Discover Card, check, or COD*. Credit applications are available for health care practitioners and other businesses with a history of established credit. Call or e-mail: [info@pacificbotanicals.com](mailto:info@pacificbotanicals.com) for a credit application. A \$25.00 fee is assessed for bounced checks.

**PLEASE NOTE:** *All credit card orders are pre-authorized the day they are packed to make sure there are sufficient funds available for payment. If there is a problem we will call you.*

### Ordering Online

If you would like to order online you can go to [www.pacificbotanicals.com](http://www.pacificbotanicals.com), Online Store, and follow the prompts to order. **\$50.00 minimum, excluding shipping.**

### Ordering by Phone

Simply give us a call at 541-479-7777, choose option #2 and one of our customer care specialists will assist you. We take orders from 8am to 5pm Monday through Friday

Pacific Standard Time. **\$100.00 minimum excluding shipping**

### Ordering by Mail/Fax

Complete the enclosed order form. Include shipping and handling charges found on the schedule on the back of the order form. Mail the order form to *Pacific Botanicals, 4840 Fish Hatchery Road, Grants Pass, OR, 97527*. Include your check made out to: "Pacific Botanicals" or fill in the charge card information. If you'd like to fax your order, our **fax number is (541) 479-7780. \$100.00 minimum excluding shipping.**

## Making Changes to Orders

Due to the extra handling and added administrative costs involved **we do not accept add-ons or changes to existing orders once they are placed.**

## Shipping

Because we are a working farm we do not guarantee 24 hour turnaround. Our preferred carrier is UPS. If your order weight is above 200 pounds we may choose a freight carrier. If your order is to be shipped to a post office box, Alaska or Hawaii we only deliver by US Postal Service which is more reasonable. If you need something by a specific date call your order in and we will accommodate your request if at all possible.

If you wish to have your order shipped by an expedited service (e.g. overnight, or 2nd day air) please call your order in by 9 am PST, M-F, 541-479-7777, option 2.

If you are shipping your order to Alaska or Hawaii, or if you want to use a shipper other than UPS additional shipping charges apply.

**RESTRICTIONS:** There are some restrictions for mailing dry plant material to California,

Hawaii, Arizona and foreign countries. We cannot be responsible for any delays or rejections of product crossing into these states or imported into a foreign country. We must receive proper shipping and labeling instructions from the shipper and/or consumer.

## Tracking and Order Verification

Tracking and verifying your order is easy. First you will receive via email, a copy of your order to review. Secondly, if your package is shipped UPS, the day your package is shipped you will receive an e-mail from us containing your UPS tracking number with a link to [www.ups.com](http://www.ups.com).

## International Orders

We generally ship to customers all over the world. For all international orders (including Canada), please call 541-479-7777 x.100 or email to [info@pacificbotanicals.com](mailto:info@pacificbotanicals.com) for detailed information and to place your order.

## Powdering and Special Processing

We can custom powder many of the herbs we sell to our customers as well as outside vendors.

There is a 25 pound minimum due to added mill set up, cleaning and processing times and equipment capabilities. There is a \$50.00 set up fee for all mill orders. **Generally the prices for powdering are:**

**25-99 lbs..... \$1.50 lb.**

**100+ lbs. \$1.20 (no mill setup fee)**

## Damaged Product Return Policy

If your product arrives damaged please notify the shipper and Pacific Botanicals immediately. Unopened, unused items may be returned within 30 days from the invoice date. Return items are subject to a 10% restocking fee depending on the reason for the return. To notify us please call us at 541-479-7777, x.100.

## Pricing and Shipping Disclaimer

PACIFIC BOTANICALS DOES ITS BEST TO MANAGE INFORMATION UPDATES, PRICING AND SHIPPING COST. HOWEVER, PRODUCT INFORMATION IN THE CATALOGUE MAY NOT BE ACCURATE AT ALL TIMES. FINAL PRICING IS DETERMINED AT THE TIME THE ORDER IS PLACED INTO THE COMPANY'S ORDER ENTRY SYSTEM AND INVOICED.

# DOMESTIC UPS SHIPPING PRICE SCHEDULE

Add these shipping costs to the order form\* for the following order amounts;

\$100.00 – \$149.99: **\$13.50**

\$150.00-\$199.99: **\$18.00**

\$200.00-249.99: **\$20.50**

\$250.00 – \$299.99: **\$23.00**

\$300.00-\$349.00: **\$25.50**

\$350.00-\$399.99: **\$28.00**

\$400.00-\$449.00: **\$30.00**

\$450.00-\$500.00: **\$32.00**

**More than \$500.00: Call 541-479-7777, opt. 2**

## MAILING US POSTAL SERVICE:

**THERE WILL BE AN EXTRA \$2.00 - \$4.00 HANDLING CHARGE FOR ANY PACKAGES SENT THROUGH THE U.S. POST.**

**FOR ORDERS SHIPPING TO ALASKA OR HAWAII,  
PLEASE CALL FOR RATES.**

## Important Note:

Shipping prices are subject to change.

If shipping charges are more than the above amounts indicated for your order we will bill you for the balance. Thanks for your understanding.





## Pacific Botanicals, LLC

4840 Fish Hatchery Road  
Grants Pass, OR 97527  
www.pacificbotanicals.com  
info@pacificbotanicals.com

We accept; *Visa, MasterCard, Discover Card, check or money order.* Please call for availability and shipping charges:  
(541) 479-7777 (option 2)  
Office hours: M.-F., 8am to 5pm Pacific Time.  
Fax: (541) 479-7780

**\$100.00 minimum on all mail in orders. No exceptions. Please tear off this form page to mail.**

Please specify CUT, WHOLE, or POWDERED under "Form." If you need more space, simply use an extra sheet of paper.

Quantity	Herb	Form	Price	Total

★ *To determine shipping, see page 14.*

Subtotal	
★UPS Shipping & Handling	
\$12.00 C.O.D. Charge (if applicable)	
TOTAL	

DAYTIME PHONE – VERY IMPORTANT: \_\_\_\_\_

VISA \_\_\_\_\_ MasterCard \_\_\_\_\_ Discover \_\_\_\_\_ Credit Card No. \_\_\_\_\_

Exp. Date: \_\_\_\_\_ CVC Code (required – last three digits on back of card on signature line): \_\_\_\_\_

Printed Name on Card: \_\_\_\_\_

I authorize Pacific Botanicals to charge my credit card for this order: \_\_\_\_\_

*Signature*

Note: Cannot Ship UPS to PO Boxes

Name: \_\_\_\_\_

UPS Address: \_\_\_\_\_

City, State, ZIP: \_\_\_\_\_



**Pacific Botanicals, LLC**

4840 Fish Hatchery Road  
Grants Pass, OR 97527

PRSRT STD  
U.S. POSTAGE

**PAID**

Medford, OR  
Permit No. 110

# Wholesale Catalogue

## Winter-Spring 2014-2015



### BLUE FLAG IRIS: *Nature's Healing Beauty*

The beautiful *Iris versicolor* was an important support for healing among the early Native American Tribes. It was used by the Cree, Montaignais, Chippewa, Seneca, Meskwaki, Ojibwe, Potawatami, Mohawk, and Tete de Boule. Externally, for swellings, bruises, burns, sores, inflammation and blood poisoning resulting from contusions. Internally, for colds, sore throats, lung troubles and as a drastic purgative-cathartic. If the tribe did not have the herb growing in their immediate vicinity, they either planted some in a nearby pond or built an artificial pond to cultivate a supply.

Its popularity among Native people resulted in the Colonials learning of it. In the early part of the 18th century early Americans were using this botanical to support the quick healing of external wounds.

Blue Flag's name is derived from the beautiful and colorful blue petals that the flower has. Although it may also be seen in other prominent colors, the bluish variety seems to be the most admired. So much so that it became the provincial flower of Quebec, Canada. Blue Flag root is just one of the many parts of the herb that is used to support healing. Harvesting and drying the root is very labor intensive as it grows and spreads in mats throughout the field. The microclimate here at Pacific Botanicals (cool wet spring, long slowly cooling fall) is ideal for growing this herb. The significant phytochemicals of Blue Flag Iris include iridin, phytosterols, resin, salicylic acid, and tannin.

**Please Note:** Any information about the herbs in our catalog is for educational purposes only.

This information has not been evaluated by the Food and Drug Administration, nor is it intended to diagnose, treat, cure, or prevent any disease.

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